

Constitution of the charity named below, an unincorporated members' association, and a member of the Third Age Trust.

Signed at first AGM or at adoption

This is a charity in England and Wales

Registered Charity Number: 1211092

(delete if income is below the registration threshold, the Third Age Trust's charity number cannot be used)

Notes

The constitution is in two parts.

Part 1 covers the **purposes** of the charity and how its money and other property can be used. It also contains the powers to change the constitution and to wind the charity up.

Part 2 sets out the **administrative provisions**, including membership, the appointment of charity trustees, members' and trustees' meetings and the powers available to the trustees in running the charity.

The provisions in **part 1** can only be changed by a 2/3rds majority of members present and voting at a general meeting whereas those in **part 2** only require a simple majority to make changes.

The members of the main u3a committee (or steering group for a new u3a) are the trustees of the Charity.

Part 1

Clause 1

Insert the date this constitution was adopted. (If this is a new u3a this is the date it was adopted by the steering group, otherwise the date of the general meeting at which it was adopted.)

Clause 2

Insert a name. This should signify the location of the u3a.

Clause 3

A u3a may and usually should insert 'in.....' and then the geographical descriptor. This is a brief description of the anticipated catchment area. It is wise to keep this loose by adding 'and surrounding district' or similar words. No other variation in wording can be made.

1. Adoption of the constitution

This constitution was adopted on the 08/31/2026

The association and its property will be administered and managed in accordance with the provisions in Parts 1 and 2 of this constitution.

2. Name

The association's name is Newquay University of the Third Age (u3a) (and in this document it is called the charity). It is a member of the Third Age Trust (herein after referred to as 'The Trust') (Registered Charity Number 288007).

3. Object

The charity's object ('the object') is the advancement of education, and in particular the education of older people and those retired from full time work, by all means including associated activities conducive to learning and personal development in Newquay and surrounding area

Clause 4 (1)

Sets out a trustee's entitlement to reasonable expenses and reflects the provisions in the 2011 Charities Act which include the ability for charity trustees to benefit from trustee indemnity insurance. It is included in the constitution to inform people involved with the charity.

Clause 4 (2)

This reflects charity law requirements that the income and property of a charity must be used only to further its objects or purpose. The trustees have a duty to ensure that the funds are correctly applied in accordance with this principle.

Clause 5

Charity trustees may only benefit from their charity if they have express legal authorisation to do so (such as a clause in the constitution). This restriction extends to people closely connected to a trustee ('connected persons' – this term is defined in interpretation clause 33 and normally means someone to whom you are related or have a business interest with). This clause clarifies the restrictions that apply to the charity trustees. Even where trustees are allowed to benefit from the charity, this must only happen where the benefit is in the interests of the charity. In particular trustees must have regard to the u3a Guiding Principles which require all members to provide their time and services free of charge to each other. The Charity Commission's guidance 'Trustee expenses and payments (CC11)' provides more information about trustee benefits.

No part of the clause allows trustees to receive payment for acting as a trustee.

4. Application of income and property

- (1) The income and property of the charity shall be applied solely towards the promotion of the objects.
 - (a) A charity trustee is entitled to be reimbursed from the property of the charity or may pay out of such property reasonable expenses properly incurred by him or her when acting on behalf of the charity.
 - (b) A charity trustee may benefit from trustee indemnity insurance cover purchased at the charity's expense in accordance with, and subject to the conditions in, section 189 of the Charities Act 2011.
- (2) None of the income or property of the charity may be paid or transferred directly or indirectly by way of dividend bonus or otherwise by way of profit to any member of the charity. This does not prevent a member who is not also a trustee from receiving:
 - (a) a benefit from the charity in the capacity of a beneficiary of the charity;
 - (b) reasonable and proper remuneration for any goods or services supplied to the charity.

5. Benefits and payments to charity trustees and connected persons

- (1) General provisions
No charity trustee or connected person may:
 - (a) buy or receive any goods or services from the charity on terms preferential to those applicable to members of the public;
 - (b) sell goods, services or any interest in land to the charity;
 - (c) be employed by, or receive any remuneration from, the charity;
 - (d) receive any other financial benefit from the charity; unless the payment is permitted by sub-clause (2) of this clause, or authorised by the court or the Charity Commission ('the Commission'). In this clause, a 'financial benefit' means a benefit, direct or indirect, which is either money or has a monetary value.
- (2) Scope and powers permitting trustees' or connected persons' benefits.
 - (a) A charity trustee or connected person may receive a benefit from the charity in the capacity of a beneficiary of the charity provided that it is available generally to the beneficiaries of the charity.

Clause 5 (2) (c)

This section relates to any loan agreements between a trustee and the u3a. It is unlikely that such loans will exist, but should they be arranged please be cognisant of this section. The u3a should document the amount of, and the terms of, the trustee's or connected person's loan.

- (b) A charity trustee or connected person may enter into a contract for the supply of services, or of goods that are supplied in connection with the provision of services, to the charity where that is permitted in accordance with, and subject to the conditions in, section 185 of the Charities Act 2011.
- (c) A charity trustee or connected person may receive interest on money lent to the charity at a reasonable and proper rate which must be not more than the Bank of England bank rate (also known as the base rate).
- (d) A charity trustee or connected person may receive rent for premises let by the trustee or connected person to the charity. The amount of the rent and the other terms of the lease must be reasonable and proper. The charity trustee concerned must withdraw from any meeting at which such a proposal or the rent or other terms of the lease are under discussion.

6. Dissolution

- (1) If the members resolve to dissolve the charity the trustees will remain in office as charity trustees and be responsible for winding up the affairs of the charity in accordance with this clause.
- (2) The trustees must collect in all the assets of the charity and must pay or make provision for all the liabilities of the charity.
- (3) The trustees must apply any remaining property or money:
 - (a) directly for the object;
 - (b) by transfer to any other University of the Third Age ('u3a') or u3as or The Trust or charities for purposes the same as, or similar to, the charity;
 - (c) in such other manner as the Charity Commission for England and Wales ('the Commission') may approve in writing in advance.
- (4) The members may pass a resolution before or at the same time as the resolution to dissolve the charity specifying the manner in which the trustees are to apply the remaining property or assets of the charity and the trustees must comply with the resolution if it is consistent with paragraphs (a) - (c) inclusive in sub-clause (3) above.
- (5) In **no** circumstances shall the net assets of the charity be paid to or distributed among the members of the charity.
- (6) The trustees must notify both the Commission

Clause 6 (6)

The Charities Act 2011 sets out the accounting requirements for charities. If you have any queries contact the Third Age Trust for assistance or look at the advice section of the national website or the Charity Commission website for further guidance.

and The Trust promptly that the charity has been dissolved. If the trustees are obliged to send the charity's accounts to the Commission for the accounting period which ended before its dissolution, they must send the Commission the charity's final accounts.

- (7) The charity cannot continue to include the words or phrase University of the Third Age or u3a or any other similar configuration of words in its title or elsewhere if it ceases to be a member of The Trust.

7. Amendment of constitution

- (1) The charity may amend any provision contained in Part 1 of this constitution provided that:
 - (a) the prior written consent of The Trust has been obtained;
 - (b) no amendment may be made that would have the effect of making the charity cease to be a charity at law;
 - (c) no amendment may be made to alter the object if the change would undermine or work against the previous objects of the charity;
 - (d) no amendment may be made to clause 3 (Object), 4 (Application of income and property), clause 5 (Benefits and payments to charity trustees and connected persons), clause 6 (Dissolution) or this clause without the prior consent in writing of the Commission and The Trust;
 - (e) any resolution to amend a provision of Part 1 of this constitution is passed by not less than two thirds of the members present and voting at a general meeting;
- (2) Any provision contained in Part 2 of this constitution may be amended, provided that
 - (a) the prior written consent of The Trust has been obtained,
 - (b) any such amendment is made by resolution passed by a simple majority of the members present and voting at a general meeting
 - (c) A copy of any resolution amending this constitution shall be sent to the Commission and to The Trust within twenty-one days of it being passed.

Clause 8 (2)

Where a u3a is considering refusing membership please contact the Third Age Trust for guidance as to appropriate grounds for refusal.

Clause 8 (4)

It is very important for the good administration of the charity to keep the register of members up to date. This is particularly important for AGM administration. The trustees must ensure that they handle personal data in accordance with Data Protection legislation. The national website has advice relating to these regulations.

Clause 9 (3)

Insert an appropriate number of months. In selecting this number try to give a reasonable period, particularly if the membership year ends in a holiday period and avoid problems such as having the AGM close to or before the last date for renewing membership. The Charity Commission recommend that there is a reasonable gap after the deadline for payment of subscriptions (or any other regular payments by members to the charity) and the holding of any general meeting to reduce the risk of it becoming an administrative problem for the charity. The Third Age Trust suggests 2 months may be reasonable for u3as which hold their AGM at least 4 months after their membership year ends. The notice for any general meeting should remind members of this requirement.

8. Membership

- (1) Membership is open to individuals as described in clause 3.
- (2)
 - (a) The trustees may only refuse an application for membership if, acting reasonably and properly, they consider it to be in the best interests of the charity to refuse the application.
 - (b) The trustees must inform the applicant in writing of the reasons for the refusal within twenty-one days of the decision.
 - (c) The trustees must consider any written representations the applicant may make about the decision. The trustees' decision following any written representations must be notified to the applicant in writing but shall be final.
- (3) Membership is not transferable to anyone else.
- (4) The trustees must keep a register of names and addresses of the members.

9. Termination of membership

Membership is terminated if:

- (1) the member dies;
- (2) the member resigns by written notice to the charity unless, after the resignation, there would be fewer than two members;
- (3) any sum due from the member to the charity is not paid in full within 0 weeks of it falling due;
- (4) the member is removed from membership by a resolution of the trustees that it is in the best interests of the charity that his or her membership is terminated. A resolution to remove a member from membership may only be passed if:
 - (a) annual membership or other fees are unpaid for 0 weeks after the due date; or
 - (b) by way of expulsion at the end of a disciplinary procedure for breach of any membership condition or for breach of any disciplinary code of the charity and
 - (c) the appropriate steps have been taken according to the charity's or The Trust's procedures.

10. General meetings

- (1) The charity must hold a general meeting within twelve months of the date of the adoption of this constitution, unless this constitution replaces an earlier constitution in which case sub-clause (2) applies.
- (2) An annual general meeting must be held in each subsequent year and not more than fifteen months may elapse between successive annual general meetings.
- (3) Online and hybrid general meetings
 - (a) A general meeting (whether an annual general meeting or a special general meeting) may be held that allows attendance in person or by suitable electronic means agreed by the trustees in which each participant may communicate with all the other participants either directly or through the Chair. Where the trustees determine that a general meeting is to be held by electronic means pursuant to this clause 10 (3)(a), such determination shall be set out in the notice of general meeting sent to members, together with details of how a member may participate in such meeting.
 - (b) Where the committee determines that a general meeting is to be held by electronic means only such determination shall be set out in the notice of general meeting sent to members, along with an explanation of the exceptional circumstances which require the general meeting to be held by electronic means only.
 - (c) For the purposes of this clause “exceptional circumstances” means circumstances which in the reasonable opinion of the committee render it impossible to hold an effective general meeting in person or by a combination of meeting in person and through electronic means.
 - (d) Where a general meeting is to be held in person, the trustees may if they deem it appropriate set out a procedure in the notice of meeting which allows members to attend electronically if they so wish, and in such circumstances both members physically present in person or by proxy and members present by electronic means will count towards the quorum for the relevant meeting.
 - (e) Where a general meeting is held solely in person members physically present in person or by proxy count towards the quorum of the relevant meeting.
 - (f) If the meeting is to be held solely by electronic means pursuant to clause 10 (3)(a), the place of

Clause 10 (3)

The Trust has developed this wording with the solicitors so that we know it is legal and appropriate and covers all the various nuances which may arise.

the meeting shall be deemed to be the charity's registered office address.

(g) Proceedings at a general meeting held by electronic means pursuant to clause 10(3)(a), or a physical meeting at which procedures are put in place to allow members to attend electronically pursuant to clause 10(3)(a), will not be invalidated due to technical issues which prohibit members from joining such meeting electronically, so long as a sufficient number of members to form a quorum under clause 12(2) is able to join the meeting successfully.

Clause 10 (4)

An SGM is held for the consideration of non-recurring business that requires approval by the members between AGMs.

- (4) All general meetings other than annual general meetings shall be called special general meetings.
- (5) The trustees may call a special general meeting at any time.
- (6) The trustees must call a special general meeting if requested to do so in writing by at least ten members or one tenth of the membership, whichever is the greater. The request must state the nature of the business that is to be discussed. If the trustees fail to hold the meeting within twenty-eight days of the request, the members may proceed to call a special general meeting but in doing so they must comply with the provisions of this constitution.

Clause 11 (1) & (2)

'Clear days' does not include the day on which the notice would be received by the member or the day on which the meeting is held.

The charity may send notice to each trustee at the UK address held in the charity's records: no notice is required for trustees living outside the UK.

11. Notice

- (1) If elections to the committee are required under this constitution, all members must be notified at least 28 clear days ahead of the election that nominations are requested and the closing date for the receipt of such nominations shall be at least 21 clear days after this notice is given.
- (2) If a resolution requiring the consent of two-thirds of the members will be proposed at the general meeting, then all members must be notified at least 21 clear days ahead of that meeting.
- (3) The minimum period of notice required to hold any general meetings of the charity (other than to consider a resolution for which a two-thirds majority of the members is needed) is fourteen clear days from the date on which the notice is deemed to have been given.
- (4) A general meeting may be called by shorter notice, if it is so agreed by all the members entitled to attend and vote.

Clause 12 (1)

Means that a quorum must be present when an item is being discussed and voted on, in order for a decision on it to be valid. If the meeting subsequently becomes inquorate, this will not invalidate earlier, quorate decisions.

Clause 12 (2) (a)

A u3a may change the figure for the quorum by agreeing this at an AGM. Any change should be considered carefully. If it is too high, it can be difficult to have a quorate meeting. If it is too low, a small minority may be able to make significant changes.

Clause 12 (3) & (4)

Establish the procedure for dealing with situations where the meeting is inquorate.

Clause 12 (5)

Permits a re-scheduled meeting to proceed without a quorum being present within 15 minutes of the specified start time. This means that the number of members present 15 minutes after the scheduled start of the meeting will form the quorum (but only) if the quorum required at clause 12(2) is not achieved.

- (5) The notice must specify the date, time and place of the meeting and the general nature of the business to be transacted. If the meeting is to be an annual general meeting, the notice must say so.
- (6) The notice must be given to all the members and to the trustees.

12. Quorum

- (1) No business shall be transacted at any general meeting unless a quorum is present.
- (2) A quorum is:
 - (a) 5 members present in person or by proxy who are entitled to vote upon the business to be conducted at the meeting.
 - (b) one tenth of the total membership at the time, whichever is the greater.
- (3) If:
 - (a) a quorum is not present within half an hour from the time appointed for the meeting; or
 - (b) during a meeting a quorum ceases to be present, the meeting shall be adjourned to such time and place as the trustees shall determine.
- (4) The trustees must re-convene the meeting and must give at least seven clear days' notice of the re-convened meeting stating the date, time and place of the meeting.
- (5) If no quorum is present at the re-convened meeting within fifteen minutes of the time specified for the start of the meeting the members present at that time shall constitute the quorum for that meeting.

13. Chair

- (1) General meetings shall be chaired by the person who has been elected as Chair.
- (2) If there is no such person or he or she is not present within fifteen minutes of the time appointed for the meeting a trustee nominated by the trustees shall chair the meeting.
- (3) If there is only one trustee present and willing to act, he or she shall chair the meeting.

- (4) If no trustee is present and willing to chair the meeting within fifteen minutes after the time appointed for holding it, the members present and entitled to vote must choose one of their number to chair the meeting.

Clause 14

This is a discretionary power for the members to adjourn a quorate meeting - when the meeting is reconvened it must be quorate. This provision differs from the adjournment provisions in Clause 12 which are not discretionary and must be used where a general meeting is not quorate.

Examples of where an adjournment may be necessary would include where members feel that there is insufficient information for decisions to be made and/or where a disruptive event occurs.

14. Adjournments

- (1) The members present at a meeting may resolve that the meeting shall be adjourned.
- (2) The person who is chairing the meeting must decide the date time and place at which the meeting is to be re-convened unless those details are specified in the resolution.
- (3) No business shall be conducted at an adjourned meeting unless it could properly have been conducted at the meeting had the adjournment not taken place.
- (4) If a meeting is adjourned by a resolution of the members for more than seven days, at least seven clear days' notice shall be given of the re-convened meeting stating the date, time and place of the meeting.

Clause 15

This means that a resolution can be passed without holding a general meeting. It requires all members to agree to the decision and return their signed resolution in order for the decision to pass. For example, a u3a with 20 members would require 5 members to be present to pass a resolution at a general meeting, but the same u3a would need 20 members to sign a written resolution.

15. Votes

- (1) Each member present in person or by proxy shall have one vote but if there is an equality of votes the person who is chairing the meeting shall have a casting vote in addition to any other vote he or she may have.
- (2) Voting
 - (a) by proxy
A member may appoint a proxy to attend a general meeting and vote on his or her behalf in accordance with clause 15(3).
 - (b) electronic balloting
Where a meeting is to be held by electronic means, or where procedures are put in place to allow members to join a physical meeting by electronic means, the trustees may put in place an electronic balloting mechanism to allow members present at the meeting by electronic means to vote as if they were present in person. Where such a voting mechanism is to be used for a meeting, the notice of meeting will set this out.
- (3) Proxies
Proxies may only be validly appointed by notice in writing (a **Proxy Notice**) which:
 - (a) states the name and address of the member appointing the proxy;
 - (b) identifies the person appointed to be that member's proxy and the general meeting in relation to which that person is appointed;

Clause 15 (2)

The provision for proxy (postal) voting will be important for members who are not online – provision needs to be made to accommodate their votes and contribution.

- (c) is signed by the member appointing the proxy, or is authenticated in such manner as the trustees may determine; and
- (d) is delivered to the charity in accordance with clause 30. [Notices]
- (4) The trustees may from time to time determine the form in which Proxy Notices should be submitted to the charity in advance of any general meeting.
- (5) A resolution in writing signed by each member who would have been entitled to vote upon it had it been proposed at a general meeting shall be effective. It may comprise several copies each signed by or on behalf of one or more members.

16. Officers and trustees

- (1) The charity and its property shall be managed and administered by a committee comprising the officers and other members elected in accordance with this constitution. The officers and other members of the committee shall be the trustees of the charity and in this constitution are together called 'the trustees'.
- (2) The charity should have the following officers:
 - (a) a Chair,
 - (b) a Vice chair,
 - (c) a Secretary, and
 - (d) a Treasurer.
- (3) Every trustee must be a paid-up member of the charity.
- (4) No one may be appointed a trustee if he or she would be disqualified from acting under the provisions of clause 19.
- (5) The number of trustees shall be not less than 5 and not more than 15.
- (6) Transitional arrangements for election or selection of trustees.
 - (a) The first trustees of a new u3a (including officers) shall be those persons acting as a steering group at the conclusion of the meeting at which this constitution is adopted. At any time up till the first annual general meeting the existing trustees may co-opt additional trustees up to the maximum number specified in sub-clause 16(5). The first trustees will serve until the first annual general meeting when all will retire but be eligible for nomination and subsequent election.
 - (b) Upon adoption of this constitution the charity will continue with the terms of membership for those trustees eligible to continue as trustees under the charity's previous constitution with the proviso that all and any transitional arrangements

Clause 16 (6) (b)

This is designed to limit any long or indefinite terms of appointments of trustees under the u3a's previous constitution.

Clause 16 (8)

This means that a trustee can serve on the committee for up to 9 years but must change roles after 3 years. A trustee cannot serve in the same role (either officer or non-officer) for over 3 years without taking a year off in between.

Clause 17 (1)

It is permissible for a u3a to resolve at a general meeting to have fewer than 12 elected trustees but u3as are recommended not to reduce this to less than 8 if possible.

Clause 17 (3)

With the agreement of the Third Age Trust it is permissible for a general meeting to alter 17(3) to read 'The officers (who are also trustees) will be elected by the trustees at their first meeting from among their number (this includes any co-opted trustees)'. With the agreement of the Third Age Trust it is permissible for a general meeting to agree on lower maximum periods of service for trustee roles. 'Finding New Trustees: What charities need to know (CC30)' provides guidance on effective methods of recruiting new charity trustees and of familiarising them with the charity. Advice is also available on the national website.

end before the third annual general meeting after this constitution is adopted.

- (7) The maximum total period of service of any trustee shall be 9 years in any combination of roles whether or not the periods of service are contiguous.
- (8) No-one may hold any specific officer position or be an ordinary (non-officer) trustee for a continuous period in excess of 3 years without an interval of at least 1 year between the periods of service.
- (9) All trustees shall be elected annually but may be re-elected subject to the provisions in sections (7) to (8) of this clause.
- (10) A trustee may not appoint anyone to act on his or her behalf at meetings of the trustees.

17. Appointment of trustees

- (1) The charity at each annual general meeting shall elect up to 12 trustees (including officers).
- (2) The elected trustees may, at any time, co-opt up to 3 trustees until the next annual general meeting and may reappoint such co-opted trustees for one additional period which may not extend beyond the following annual general meeting or be excluded by clauses 16(7) to 16(8) whichever is the sooner.
- (3) The officers will normally be elected directly by the annual general meeting.
- (4) No-one may be elected a trustee or an officer at any annual general meeting unless prior to the meeting the charity is given a notice that:
 - (a) is signed by a member proposing a candidate for a specified role who is entitled to vote at the meeting;
 - (b) is signed by an unconnected member seconding the same candidate for the same specified role who is entitled to vote at the meeting;
 - (c) is signed by the person who is to be proposed to show his or her willingness to be appointed.
- (5) In the event of a casual vacancy among elected or co-opted charity trustees, the charity trustees may appoint a person who is willing to act to be a charity trustee. A charity trustee so appointed shall hold office only until the next annual general meeting.
- (6)
 - (a) The appointment of a trustee, whether by the charity in general meeting or by the other trustees, must not cause the number of trustees to exceed the number fixed in accordance with

clause 16(5) of this constitution.

- (b) The trustees may not appoint a person to be an officer if a person has already been elected or appointed to that office and has not vacated the office.

18. Powers of trustees

- (1) The trustees must manage the business of the charity and have the following powers in order to further the objects (but not for any other purpose):
 - (a) to raise funds for the charity or for a charity with the same or similar purposes. In doing so, the trustees must not undertake any taxable permanent trading activity and must comply with any relevant statutory regulations;
 - (b) to buy, take on lease or in exchange, hire or otherwise acquire any property and to maintain and equip it for use;
 - (c) to sell, lease or otherwise dispose of all or any part of the property belonging to the charity. In exercising this power, the trustees must comply as appropriate with sections 117 – 122 of the Charities Act 2011;
 - (d) to borrow money and to charge the whole or any part of the property belonging to the charity as security for repayment of the money borrowed. The trustees must comply as appropriate with sections 124 – 126 of the Charities Act 2011, if they intend to mortgage land;
 - (e) to co-operate with other charities, voluntary bodies and statutory authorities and to exchange information and advice with them and in particular with other u3as, clusters of u3as and The Trust;
 - (f) to establish or support any charitable trusts, associations or institutions formed for any of the charitable purposes included in the object;
 - (g) to acquire, merge with or enter into any partnership or joint venture arrangement with any other charity formed for any of the objects or with any other u3a;
 - (h) to set aside income as a reserve against future expenditure but only in accordance with a written policy about reserves;
 - (i) to obtain and pay for such goods and services as are necessary for carrying out the work of the charity;
 - (j) to open and operate such bank and other accounts as the trustees consider necessary;
 - (k) to do all such other lawful things as are

Clause 18 (1) (c)&(d)

In the unlikely event that the u3a needs to avail itself of clauses 18(1) (c) or (d) then the Third Age Trust should be contacted for assistance.

Clause 19

Charity Commission guidance 'Finding New Trustees: What charities need to know (CC30)' gives guidance on who can be a trustee. In very broad terms, someone who has been convicted of offences involving deception or fraud, or who is an undischarged bankrupt or who has been removed from office as a charity trustee by the Commissioner will be disqualified from acting as a trustee. All trustees need to complete a trustee eligibility declaration form which is available on the Charity Commission website.

- (2) necessary for the achievement of the objects.
- (2) No alteration of this constitution or any special resolution shall have retrospective effect to invalidate any prior act of the trustees.
- (3) Any properly constituted meeting of trustees at which a quorum is present at the time the relevant decision is made may exercise all the powers exercisable by the trustees.

19. Disqualification and removal of trustees

A trustee shall cease to hold office if he or she:

- (1) is disqualified from acting as a trustee by virtue of sections 178 and 179 of the Charities Act 2011 (or any statutory re-enactment or modification of that provision);
- (2) ceases to be a member of the charity;
- (3) in the written opinion, given to the charity, of a registered medical practitioner treating that person, has become physically or mentally incapable of acting as a trustee and may remain so for more than three months;
- (4) resigns as a trustee by notice to the charity (but only if at least two trustees will remain in office when the notice of resignation is to take effect); or
- (5) is absent without the permission of the trustees from all their meetings held within a period of six consecutive months and the trustees resolve that his or her office be vacated.

Clause 20

Where **the** total number of trustees is the mid-point between two numbers which can be divided by three, the Charity Commission recommends rounding up to the next multiple of three.

20. Proceedings of trustees

- (1) The trustees may regulate their proceedings as they think fit, subject to the provisions of this constitution.
- (2) Online trustees' meetings
A trustees' meeting or a meeting of a committee of the trustees may be held in person or by suitable electronic means agreed by the trustees or the members of the committee (as the case may be) in which each participant may communicate with all the other participants.
- (3) Any trustee may call a meeting of the trustees provided reasonable notice is given.
- (4) The secretary must call a meeting of the trustees if requested to do so by a trustee.
- (5) Questions arising at a meeting must be decided by a majority of votes.
- (6) In the case of an equality of votes, the person who chairs the meeting shall have a second or casting vote.
- (7) No decision may be made by a meeting of the trustees unless a quorum is present at the time the decision is purported to be made.

- (8) The quorum shall be two or the number nearest to two-thirds of the total number of trustees, whichever is the greater or such larger number as may be decided from time to time by the trustees.
- (9) A trustee shall not be counted in the quorum present when any decision is made about a matter upon which that trustee is not entitled to vote.
- (10) If the number of trustees is less than the number fixed as the quorum, the continuing trustees or trustee may act only for the purpose of filling vacancies or of calling a general meeting.
- (11) The person elected as the Chair shall chair meetings of the trustees.
- (12) If the Chair is unwilling to preside or is not present within ten minutes after the time appointed for the meeting, the trustees present may appoint one of their number to chair that meeting.
- (13) The person appointed to chair meetings of the trustees shall have no functions or powers except those conferred by this constitution or delegated to him or her in writing by the trustees.
- (14) A resolution in writing signed by all the trustees entitled to receive notice of a meeting of trustees or of a committee of trustees and to vote upon the resolution shall be as valid and effectual as if it had been passed at a meeting of the trustees or (as the case may be) a committee of trustees duly convened and held.
- (15) The resolution in writing may comprise several documents containing the text of the resolution in like form each signed by one or more trustees.

Clause 21

No person may be proposed for appointment or serve as an Officer or as a non-Officer member of the Executive Committee if they are currently serving as an Officer or non-Officer member of the Executive Committee of any other local u3a.

21. Conflicts of interests and conflicts of loyalties

A charity trustee must:

- (1) declare the nature and extent of any interest, direct or indirect, which he or she has in a proposed transaction or arrangement with the charity or in any transaction or arrangement entered into by the charity which has not been previously declared;
and
- (2) absent himself or herself from any discussions of the charity trustees in which it is possible that a conflict will arise between his or her duty to act solely in the interests of the charity and any personal interest (including but not limited to any personal financial interest).

Any charity trustee absenting himself or herself from any discussions in accordance with this clause must not vote or be counted as part of the quorum in any decision of the charity trustees on the matter.

Clause 22

This clause prevents the risk of trustees' decisions being declared invalid for purely technical reasons.

22. Saving provisions

- (1) Subject to sub-clause (2) of this clause, all decisions of the charity trustees, or of a committee of the charity trustees, shall be valid notwithstanding the participation in any vote of a charity trustee:
 - (a) who is disqualified from holding office;
 - (b) who had previously retired or who had been obliged by this constitution to vacate office;
 - (c) who was not entitled to vote on the matter, whether by reason of a conflict of interests or otherwise;if, without the vote of that charity trustee and that charity trustee being counted in the quorum, the decision has been made by a majority of the charity trustees at a quorate meeting.
- (2) Sub-clause (1) of this clause does not permit a charity trustee to keep any benefit that may be conferred upon him or her by a resolution of the charity trustees or of a committee of charity trustees if, but for sub-clause (1), the resolution would have been void, or if the charity trustee has not complied with clause 21 (Conflicts of interests and conflicts of loyalties).

23. Delegation

- (1) The trustees may delegate any of their powers or functions to a committee of two or more trustees but the terms of any such delegation must be recorded in the minute book. Such a committee may have additional members who are not also trustees.
- (2) The trustees may impose conditions when delegating, including the conditions that:
 - (a) the relevant powers are to be exercised exclusively by the committee to whom they delegate;
 - (b) no expenditure may be incurred on behalf of the charity except in accordance with a budget previously agreed with the trustees.
- (3) The trustees may revoke or alter a delegation.
- (4) All acts and proceedings of any committees must be fully and promptly reported to the trustees.

24. Irregularities in proceedings

- (1) Subject to sub-clause (2) of this clause, all acts done by a meeting of trustees, or of a committee of trustees, shall be valid notwithstanding the participation in any vote of a trustee:
 - (a) who was disqualified from holding office;
 - (b) who had previously retired or who had been obliged by the constitution to vacate office;
 - (c) who was not entitled to vote on the matter, whether by reason of a conflict of interests or otherwise;
if, without:
 - (d) the vote of that trustee; and
 - (e) that trustee being counted in the quorum, the decision has been made by a majority of the trustees at a quorate meeting.
- (2) Sub-clause (1) of this clause does not permit a trustee to keep any benefit that may be conferred upon him or her by a resolution of the trustees or of a committee of trustees if the resolution would otherwise have been void.
- (3) No resolution or act of
 - (a) the trustees or
 - (b) any committee of the trustees or
 - (c) the charity in general meeting shall be invalidated by reason of the failure to give notice to any trustee or member or by reason of any procedural defect in the meeting unless it is shown that the failure or defect has materially prejudiced a member or the beneficiaries of the charity.

Clause 25

The trustees can decide in what format the minutes should be kept and how to ensure they are a true record. Reference to meetings in this clause refers to formal meetings.

Clause 26

All charities must produce accounts and a report. The key accounting requirements for charities are set out on the Charity Commission's website. All registered charities with incomes over £10,000 must send accounts, Annual Report and Annual Return to the Charity Commission within 10 months of the end of their financial year.

Clause 26 (1) (e)

The Annual Return provides a summary of key financial information and is used by the Charity Commission for monitoring purposes.

25. Minutes

The trustees must keep minutes of all:

- (1) appointments of officers and other trustees made by the trustees;
- (2) proceedings at meetings of the charity;
- (3) meetings of the trustees and committees of trustees including:
 - (a) the names of the trustees present at the meeting;
 - (b) the decisions made at the meetings; and
 - (c) where appropriate the reasons for the decisions.

26. Accounts, Annual Report, Annual Return

- (1) The trustees must comply with their obligations under the Charities Act 2011 with regard to:
 - (a) the keeping of accounting records for the charity;
 - (b) the preparation of annual statements of account for the charity;
 - (c) the transmission of the statements of account

Clause 26 (2)

Requires you to inform the Third Age Trust promptly about changes to the officers occupying the officer positions and the correspondence address and to complete all other returns relating to membership.

Clause 27

A charity's entry on the Charity Commission website includes its name, correspondence address, objects (purpose), governing document (constitution and any amendments to it) and names of its trustees. The Charity Commission issues to every charity an Annual Return on which these details can be provided.

Clause 28

When the trustees in your u3a lease or own property the ownership of the land cannot rest with the charity directly as it has no separate legal identity. The trustees will therefore need to ensure that title to the charity's land is held in the name of individuals ('holding trustees') or a company, in trust on behalf of the charity. If you are in this position contact the Third Age Trust so that we can provide you with appropriate advice.

to the Commission;

- (d) the preparation of an Annual Report and its transmission to the Commission;
 - (e) the preparation of an Annual Return and its transmission to the Commission.
- (2) The charity must supply to The Trust such information about its membership as The Trust may require for the purposes of the charity being a member of The Trust.

27. Registered particulars

The trustees must notify the Commission promptly of any changes to the charity's entry on the Central Register of Charities.

28. Property

- (1) The trustees must ensure the title to:
 - (a) all land held by or in trust for the charity that is not vested in the Official Custodian of Charities; and
 - (b) all investments held by or on behalf of the charity, are vested either in a corporation entitled to act as custodian trustee or in not less than three individuals appointed by the trustees of the charity as holding trustees.
- (2) The terms of the appointment of any holding trustees must provide that they may act only in accordance with lawful directions of the trustees and that if they do so they will not be liable for the acts and defaults of the trustees or of the members of the charity.
- (3) The trustees may remove the holding trustees at any time.

29. Repair and insurance

The trustees must keep in repair and insure to their full value against fire and other usual risks all the buildings of the charity (except those buildings that are required to be kept in repair and insured by a tenant). They must also insure suitably in respect of public liability and employer's liability.

30. Notices

- (1) Any notice required by this constitution to be given to or by any person must be:
 - (a) in writing; or
 - (b) given using electronic communications.
- (2) The charity may give any notice to a member either:
 - (a) personally; or
 - (b) by sending it by post in a prepaid envelope addressed to the member at his or her address; or
 - (c) by leaving it at the address of the member; or

- (d) by giving it using electronic communications to the member's address.
- (3) A member who does not register an address with the charity or who registers only a postal address that is not within the United Kingdom, the Isle of Man or the Channel Islands shall not be entitled to receive any notice from the charity.
- (4) A member present in person at any meeting of the charity shall be deemed to have received notice of the meeting and of the purposes for which it was called.
- (5) Proof of notice
 - (a) Proof that an envelope containing a notice was properly addressed, prepaid and posted shall be conclusive evidence that the notice was given.
 - (b) Proof that a notice contained in an electronic communication was sent in accordance with guidance issued by the Institute of Chartered Secretaries and Administrators shall be conclusive evidence that the notice was given.
 - (c) A notice shall be deemed to be given 48 hours after the envelope containing it was posted or, in the case of an electronic communication, 48 hours after it was sent to the most recently recorded email address of the recipient and that this was not automatically returned as undelivered.

Clause 31

The term bye-laws relates to any standing orders or internal procedures that you may introduce for the effective running of the charity and its meetings.

They cannot be used to change any of the provisions in this constitution.

31. Rules

- (1) The trustees may from time to time make rules or bye-laws for the conduct of their business.
- (2) The bye-laws may regulate the following matters but are not restricted to them:
 - (a) the admission of members of the charity and the rights and privileges of such members, and the entrance fees, subscriptions and other fees or payments to be made by members;
 - (b) the conduct of members of the charity in relation to one another, and to the charity's employees and volunteers;
 - (c) the setting aside of the whole or any part or parts of the charity's premises at any particular time or times or for any particular purpose or purposes;
 - (d) the procedure at general meeting and meetings of the trustees in so far as such procedure is not regulated by this constitution;
 - (e) the keeping and authenticating of records. (If regulations made under this clause permit records of the charity to be kept in electronic form and requires a trustee to sign the record, the regulations must specify a method of

- recording the signature that enables it to be properly authenticated.)
- (f) generally, all such matters as are commonly the subject matter of the rules of an unincorporated association.
- (3) The charity in general meeting has the power to alter, add to or repeal the rules or bye-laws.
- (4) The trustees must adopt such means as they think sufficient to bring the rules and bye-laws to the notice of members of the charity.
- (5) The rules or bye-laws shall be binding on all members of the charity. No rule or bye-law shall be inconsistent with, or shall affect or repeal anything contained in, this constitution.

Clause 32

The Third Age Trust has guidance for managing complaints, disciplinary matters and grievances on its website. It is strongly recommended that the u3as follow the Third Age Trust's recommendations in all cases of disputes and keep the Third Age Trust informed at an early stage if the dispute appears likely to present serious problems.

32. Disputes

If a dispute arises between members of the charity about the validity or propriety of anything done by the members under this constitution, and the dispute cannot be resolved by agreement, the parties to the dispute must first try in good faith to settle the dispute by mediation before resorting to litigation.

33. Interpretation

In this constitution 'connected person' means:

- (1) a child, parent, grandchild, grandparent, brother or sister of the trustee;
- (2) the spouse or civil partner of the trustee or of any person falling within sub-clause (1) above;
- (3) a person carrying on business in partnership with the trustee or with any person falling within sub-clause (1) or (2) above;
- (4) an institution which is controlled -
 - (a) by the trustee or any connected person falling within sub-clause (1), (2), or (3) above; or
 - (b) by two or more persons falling within sub-clause (4)(a), when taken together;
- (5) a body corporate in which:
 - (a) the charity trustee or any connected person falling within sub-clauses (1) to (3) has a substantial interest; or
 - (b) two or more persons falling within sub-clause 5(a) who, when taken together, have a substantial interest.
- (6) Sections 350 – 352 of the Charities Act 2011 apply for the purposes of interpreting the terms used in this clause.

Clause 34

An existing u3a wishing to adopt this constitution will remove Clause 34.

34. Validation until first annual general meeting

- (a) Until the first Annual General Meeting of the charity takes place this constitution shall take effect as if references in it to the trustees were references to the persons whose signatures appear at the bottom of the clause).
- (b) This constitution was validated and adopted for the u3a, prior to its first annual general meeting, by its trustees on 8/31/26.....
- (c) Names and Signatures

By entering your name and checking the box you are signing this document

Name

Valerie Tams on behalf of Newquay u3a Committee. The original document was signed by all members of the committee on 31.08.2026 and is stored with our official documents in our Secretary's possession.

Signature

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